

What's for dinner?

MOM'S WEEKLY MEAL PLAN

WEEK OF _____

MONDAY				TUESDAY				WEDNESDAY			
DINNER				DINNER				DINNER			
SIDE				SIDE				SIDE			
SIDE				SIDE				SIDE			
SIDE				SIDE				SIDE			
THURSDAY				FRIDAY				SATURDAY			
DINNER				DINNER				DINNER			
SIDE				SIDE				SIDE			
SIDE				SIDE				SIDE			
SIDE				SIDE				SIDE			
SUNDAY				WHAT'S GOING ON?							
DINNER				MON	TUE	WED	THURS	FRI	SAT/SUN		
SIDE											
SIDE											
SIDE											

THINGS TO DO

SHOPPING LIST

PRODUCE DAIRY BREAD MEAT FROZEN DRY/CAN OTHER